



## Kelly Swimming Newsletter

Swimming - Open Water Swimming - Triathlon - Running - Aquathlon – Biathlon – Modern Pentathlon



*Issue 9, Friday 27<sup>th</sup> April, 2007*

### The Kelly Swimming Newsletter

This is the first newsletter of the new term. We have lots happening with the South West Youth Champs starting off the proceedings this coming weekend. Our new HD state of the art video camera has just arrived and the new poolside observation window with a 32inch screen will also be installed this weekend. This new equipment will be a great step forward enabling all our swimmers to benefit from instant video feedback on stroke technique without leaving the pool. Here's looking forward to a positive and successful term. - RAB

### TRIATHLON RESULTS

Returning from a long term injury **Callum Tustin** was a well deserved winner of the Junior Swindon Duathlon plus he placed 11<sup>th</sup> in the National Youth Triathlon Championships held at Draycott Park, West Midlands. Well done Callum, it is great to see you back and in winning form.

**Flora Duffy** qualified for the Pan-American Games to be held on the 15<sup>th</sup> July by placing 3<sup>rd</sup> in the Dominican Republic Triathlon Championships and at the same time, winning the Senior Central American and Caribbean Triathlon Championships. Yet another great performance by Flora. Well done.

### RECORDS

Congratulations to Victoria Cadge who broke the School Record for the 50m breaststroke at the Devon County Championships. The new record is 34.34. Congratulations also go to the following for breaking Kelly College Swim Squad age group records during the Easter break:

Jennifer Oldham (50m, 100m, 200m back, 16 years) and Victoria Cadge (100,200m free and 100m back, 17 years). All records can be accessed via the Swim Squad Web site ([www.kellyswimming.com](http://www.kellyswimming.com)) JAH

### ESSA RELAYS – PHOTOS

The order for the photos has now been sent.

### ASA South West Youth Championships

Accommodation will be at The Bear Inn, Street. I have spoken to most swimmers and so far the following would like accommodation with the Squad:-

Liam Cosgrove, Jack Dobbs, Matthew Henry, Jeffery Hill, Paul Sutherland, Victoria Cadge, Sophie Calpin, Sophie Howe, Oliver Dunn, Hollie Mays, Rhianna Stewart.

Those who need to confirm or decline are:-

Daniel Brown, Daniel Kidwell, Joshua Lake, Olivia Duffield-Moore, Megan Mackenzie, Jennifer Oldham, Roseanna Perry, Holly Yeo.

Those who are staying with parents:

Hannah Drewett, Olivia Whitbread.  
JAH

### **City of Sheffield 'No Frills' Open Meet**

We are still awaiting confirmation of this Meet. JAH

### **Special Reminder**

The dates for the National Speedo League for 2007 are as follows:-

|             |                                    |
|-------------|------------------------------------|
| Round 1     | Saturday 13 <sup>th</sup> October  |
| Round 2     | Saturday 10 <sup>th</sup> November |
| Final Round | Saturday 8 <sup>th</sup> December  |

Please can all swimmers aged 9 and above (all Squads) make sure that they keep these dates free so that if they are asked to swim they will be available. This is an important Team event and we always need to put out our best team. JAH

### **DATES FOR YOUR DIARY**

5<sup>th</sup> /6<sup>th</sup> / 7<sup>th</sup> May – South West Youth Championships – Millfield  
20<sup>th</sup> May – SW Relay Gala – Millfield  
20<sup>th</sup> May – MPAGB Biathlon National Championships – Norwich.  
25<sup>th</sup> /26<sup>th</sup> /27<sup>th</sup> May – 'No Frills' Open Meet 2007 – Ponds Forge, Sheffield.  
9<sup>th</sup> / 10<sup>th</sup> June – South West BAGCAT Championships - Millfield  
16<sup>th</sup> / 17<sup>th</sup> June – South West BAGCAT Championships – Millfield  
30<sup>th</sup> June/ 1<sup>st</sup> July – DCASA Development Gala – Exe Valley Pool, Tiverton.

### **Triathlon Events and Dates:**

|          |   |
|----------|---|
| 13th May | Tiverton Sprint   |
| 20th May | Eton Super Sprints 'Youth event'                              |
| 27th May | Strathcyde Sprint, 'Junior selection event'                   |
| 3rd June | National Youth and Junior Triathlon Champs 'Blenhiem Palace'. |
| 1st July | Eton Youth 'selection event' and Junior races.                |

### **Issue 9 - Newsletter Contributors**

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