

**AQUAE SULIS PERFORMANCE SWIMMING CLUB**

[www.aquaesulisswimming.co.uk](http://www.aquaesulisswimming.co.uk)

**CLUB PRESENTS**

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# **THE BATH GRAND PRIX**



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## **L1 LONG COURSE OPEN MEET (LICENCE NO (1SW1453))**

Under ASA Laws & ASA Technical Rules

On

**Saturday 19<sup>th</sup> November 2011**

**And**

**Sunday 20<sup>th</sup> November 2011**

At

**Bath University Sports Village**

50 metre 8 lane pool

Electronic timing

Seating

**Boy & Girls**

(Ages as the 20<sup>th</sup> November 2011)

**50m, 100 & 200 all strokes**

**400 Free**

**200 & 400m Individual Medley**

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**For meet entry pack, please email: [aquaesulisopenmeet@hotmail.co.uk](mailto:aquaesulisopenmeet@hotmail.co.uk)**

**Or send A4 SAE to: Mrs. S Matthews Penny Lane, Main Street, Farrington Gurney, BS39 6UB**

**Telephone 07790 633162**

**On behalf of Aquaesulis we would like to**

**Say a BIG THANK YOU to [www.circle-interactive.co.uk](http://www.circle-interactive.co.uk) who developed and sponsored the new website.**

# AQUAE SOLIS PERFORMANCE SWIMMING CLUB

## PRESENTS

# THE BATH GRAND PRIX



### PROGRAMME OF EVENTS

SATURDAY 19<sup>th</sup> NOVEMBER 2011

#### Session 1

Warm up 9.30AM

Start 10.30AM

#### Event No

1	Girls	9/Over	200 Free	HDW
2	Boys	9/Over	50 Breast	HDW
3	Girls	9/Over	50 Fly	HDW
4	Boys	11/Over	100 Back	HDW
5	Girls	9/Over	200 Back	HDW
6	Boys	9/Over	200 Breast	HDW
7	Girls	10/Over	100 Breast	HDW
8	Boys	9/Over	400 IM	HDW

#### Session 2

Warm Up 13.30 pm

Starts 14.30 pm

#### Event No

9	Girls	9/Over	200 IM	HDW
10	Boys	9/Over	50 Freestyle	HDW
11	Girls	9/Over	50 Backstroke	HDW
12	Boys	9/Over	200 Fly	HDW
13	Girls	10/Over	100 Fly	HDW
14	Boys	11/Over	100 Freestyle	HDW
15	Girls	9/Over	400 Freestyle	HDW

## **SUNDAY 20<sup>th</sup> November 2011**

### **Session 3**

**Warm up 9.30 am**

**Starts 10.30 am**

#### Event No

16	Boys	9/Over	200 Freestyle	HDW
17	Girls	9/Over	50 Breaststroke	HDW
18	Boys	9/Over	50 Fly	HDW
19	Girls	10/Over	100 Backstroke	HDW
20	Boys	9/Over	200 Backstroke	HDW
21	Girls	9/Over	200 Breaststroke	HDW
22	Boys	11/Over	100 Breaststroke	HDW
23	Girls	9/Over	400 IM	HDW

### **Session 4**

**Warm up 13.30 pm**

**Starts 14.30 pm**

#### Event No

24	Boys	9/Over	200 IM	HDW
25	Girls	9/Over	50 Freestyle	HDW
26	Boys	9/Over	50 Backstroke	HDW
27	Girls	9/Over	200 Fly	HDW
28	Boys	11/Over	100 Fly	HDW
29	Girls	10/Over	100 Freestyle	HDW
30	Boys	9/Over	400 Freestyle	HDW

**PRESENTATIONS FOR THE TOP 3 IN EACH AGE GROUP.**

# AQUAE SULIS PERFORMANCE SWIMMING CLUB

## GRAND PRIX CONDITION

### PROMOTERS CONDITIONS

Saturday 19<sup>th</sup> November 2011

Sunday 20<sup>th</sup> November 2011

1. The Meet will be held under ASA Laws and ASA Technical Rules, and has been licensed Level 1 (1SW1453) by the ASA for entry into District and National Championships and Competitions.
2. All entries must be made on the understanding that the promoter's conditions are accepted.
3. All Competitors must be members of an affiliated club, registered with the ASA, and may compete in the name of one club only. It is important that swimmers enter under the exact name by which they are known to the ASA, so that our computer software identifies the correct swimmers. Entering by electronically is therefore recommended.
4. The promoters reserve the right to accept or reject entries at their discretion, and to restrict entries in order that the Meet may be completed within the time available. If the Meet is oversubscribed, entries will be accepted based on times submitted but ensuring an equal balanced of swimmers across the age groups. A list of rejected swimmers and refund cheque will be sent, Incorrect or incomplete entries will be rejected and entry fees will not be refunded. There will be no refunds for withdrawals after the closing date.
5. Age Groups will be 10/U, 11/12yrs, 13/14yrs & 15/over for all events, **Ages at 20<sup>th</sup> November 2011**
6. Entry times should be those for a 50m pool, converted short Course time are necessary.
7. Entries of 10 or more swimmers from the same club **MUST** be made electronically; Entries of 9 or less swimmers from the same club may be made using the official meet entry form. Unless arranged and agreed in advance with the Meet Manager, Entries must reach the Meet Secretary on or before midnight on **31<sup>ST</sup> October 2011**. No late entries will be accepted. **All accepted entries will be notified via EMAIL, Please ensure you supply one.**
8. Entry fees are £5.00 per event and include the levy per accepted entry made by the ASA for licensed events. Coaches passes (maximum 4 per club) are £15.00 each and include a program per pass and one full set of results per club only if requested at sign in. Entry fees should be paid on **ONE** consolidated cheque, made payable to **AQUAE SULIS PERFORMANCE SWIMMING CLUB**.
9. Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998 submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.
10. There will be no entry cards or signing sheets. Any **withdrawals** from the events **MUST** be emailed to Sam Matthews by Thursday 17th November 2011. Failure to do so will result in the club receiving a **£10 fine** should any swimmer not swim on the day without notification.
11. Entries will be seeded into heats based on entry times; the slowest heats will be swum first.
12. Swimmers must report to the competitor's steward's eight heats prior to their own.
13. Only swimmers reporting for their event and officials will be allowed on poolside during the Meet, Coaches in possession of a coach pass are allowed on poolside during warm ups. **Any Coach without a pass will be asked to leave the poolside or to purchase an extra pass.** Wet swimmers are not allowed in the spectator area.
14. All events will be HDW. Awards will be made for the top three in each age group 10/Under, 11/12, 13/14 and 15 over.
15. In line with child protection policies, any person wishing to use video or photographic equipment (including mobile phones with photographic facility) are required to sign the authorization book available at the entry desk and must display a camera pass. Any person not complying will be asked to leave the pool complex.
16. Neither the promoters nor Bath University accept any liability for any loss or damage to personal belongings.
17. The promoters reserve the right to alter these conditions if necessary, any alterations, being announced during the Meet, any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws or Technical Rules.
18. Clubs supplying **5** or more swimmers are required to supply a minimum of **ONE** licensed official per session. Clubs supplying 2 or more licensed officials per session will receive 2 free coaches' passes. We reserve the right to reject entries from those clubs not complying with this.
19. Deck entries may be taken on the day of the meet, should spaces be available, but will be at the discretions of the organizer. All Deck entries must comply with the meet QT. Deck entries will be announced after withdrawals have been done and will be announced in warm up. Deck entries will be allocated on a first come bases and payment must be made at the time of entry.

**Minimum Qualifying Times for Bath Grand Prix 2011**

**Please use long course times. Conversions from short course to long course will be accepted**

<b>Boys</b>										
Event	9	10	11	12	13	14	15	16	17	Open
50m Free	42.6	39	37	34.9	33	31.3	29.7	28.7	28.4	27.4
100m Free			01:18.8	01:13.7	01:09.8	01:06.9	01:04.4	01:02.6	01:01.5	01:00.5
200M Free	03:23.4	03:03.6	02:51.3	02:40.8	02:32.6	02:25.6	02:20.7	02:16.3	02:13.7	02:13.7
400Free	07:22.5	06:26.4	05:56.0	05:38.1	05:21.8	05:07.0	04:57.6	04:49.1	04:44.6	04:43.4
50m Breast	56.8	51.6	48.2	44.6	41.8	39.7	37.8	36.8	35.8	34.9
100m Breast			01:41.5	01:34.7	01:28.8	01:24.6	01:21.4	01:18.9	01:17.0	01:15.8
200 Breast	04:20.5	03:57.2	03:39.1	00:03	03:12.5	03:02.5	02:55.4	02:51.6	02:47.0	02:43.9
50 Fly	48.6	43.5	40.8	38.1	35.9	34	32.2	31.4	30.6	29.7
100 Fly			01:27.7	01:21.5	01:16.8	01:12.8	00:01	01:07.8	01:06.5	01:05.0
200 Fly	04:03.7	03:32.3	03:12.5	02:59.9	02:49.9	02:40.9	02:34.4	02:30.4	02:27.6	02:24.7
50 Back	50.3	46	43.2	40.5	38.2	36.1	34.5	33.5	32.7	31.7
100 Back			01:29.8	01:24.1	01:19.2	01:15.0	01:12.2	01:10.3	01:09.3	01:07.5
200 Back	03:46.7	03:25.8	03:12.0	03:00.7	02:50.3	02:42.3	02:36.0	02:31.4	02:28.6	02:26.7
200 IM	03:52.0	03:29.6	03:14.3	03:02.8	02:52.7	02:44.8	02:38.4	02:33.9	02:31.0	02:29.2
400IM	08:21.9	07:26.3	06:50.8	06:26.7	06:06.4	05:49.3	05:36.2	05:27.6	05:22.6	05:17.2
<b>Girls</b>										
Events	9	10	11	12	13	14	15	16	17	Open
50m Free	42.8	39.8	37.3	35.4	34	32.9	32.2	31.9	31.8	30.5
100m Free		01:26.2	01:19.3	01:15.2	01:12.7	01:10.7	01:09.6	01:08.8	01:08.1	01:07.3
200m Free	03:29.1	03:04.4	02:51.3	02:42.5	02:36.2	02:32.1	02:29.1	02:27.5	02:25.8	02:25.8
400m Free	07:20.7	06:27.4	05:56.4	05:38.8	05:26.3	05:18.0	05:12.8	05:09.2	05:06.3	05:06.3
50m Breast	57	51.2	47.8	45	43.1	41.5	40.6	40.1	39.8	38.6
100m Breast		01:50.3	01:41.6	01:35.2	01:30.8	01:28.5	01:27.5	01:26.1	01:25.2	01:23.6
200m Breast	04:27.3	03:55.5	03:36.6	03:24.6	03:15.5	03:09.5	03:06.7	03:05.8	03:04.0	02:59.8
50m Fly	48.2	44	40.7	38.6	36.7	35.7	34.8	34.2	34.2	32.6
100m Fly		01:37.1	01:27.9	01:22.6	01:19.1	01:17.2	01:15.5	01:14.8	01:14.0	01:12.1
200m Fly	03:56.6	03:34.6	03:12.6	03:01.7	02:53.5	02:48.0	02:45.7	02:43.3	02:41.3	02:38.3
50 Back	50.2	46	43.1	40.9	39.4	38	37	36.6	36.3	35.3
100m Back		01:37.5	01:29.9	01:24.5	01:21.7	01:19.6	01:17.9	01:17.1	01:16.3	01:14.6
200m Back	03:52.7	03:26.3	03:11.0	03:00.6	02:54.3	02:49.8	02:45.8	02:43.9	02:42.8	02:39.9
200 IM	03:55.2	03:29.6	03:14.3	03:03.3	02:56.8	02:52.3	02:48.9	02:46.9	02:45.5	02:43.7
400 IM	08:24.4	07:26.2	06:47.3	06:24.9	06:10.6	06:02.0	05:55.2	05:50.8	05:48.7	05:43.9

# AQUAE SULIS PERFORMANCE SWIMMING CLUB

## THE BATH GRAND PRIX



### SUMMARY SHEET

**NO OF GIRLS ENTRIES** = \_\_\_\_\_ @ £5.00 = £ \_\_\_\_\_

**NO OF BOYS ENTRIES** = \_\_\_\_\_ @ £5.00 = £ \_\_\_\_\_

**NO OF COACHES PASSES** = \_\_\_\_\_ @ £15.00 = £ \_\_\_\_\_

**NAME OF OFFICIAL** \_\_\_\_\_

**QUALIFICATION** \_\_\_\_\_

**ASA NO:** \_\_\_\_\_

**SESSIONS AVAILABLE** \_\_\_\_\_

**TOTAL PAYMENT** £ \_\_\_\_\_

**AQUAE SULIS PERFORMANCE SWIMMING CLUB**

**ENTRY FORM – BOYS**

**NAME OF CLUB:** \_\_\_\_\_

First name	Surname	Date of birth	ASA Reg No. (must be completed)	ENTRY TIMES (50m pool times converted if necessary)														
				BACKSTROKE			BREASTSTROKE			BUTTERFLY			FREESTYLE				IM	
				50m	100m	200m	50m	100m	200m	50m	100m	200m	50m	100m	200m	400m	200IM	400IM
9/O	11/O	9/O	9/O	11/O	9/O	9/O	11/O	9/O	9/O	11/O	9/O	9/O	9/O	9/O	9/O			

**No. of entries:** \_\_\_\_\_ **@ £5.00 = £** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Club Official**

**AQUAE SULIS PERFORMANCE SWIMMING CLUB**

**ENTRY FORM – GIRLS**

**NAME OF CLUB:** \_\_\_\_\_

First name	Surname	Date of birth	ASA Reg No. (must be completed)	ENTRY TIMES (50m pool times converted if necessary)														
				BACKSTROKE			BREASTSTROKE			BUTTERFLY			FREESTYLE				IM	
				50m	100m	200m	50m	100m	200m	50m	100m	200m	50m	100m	200m	400m	200IM	400IM
9/O	10/O	9/O	9/O	10/0	9/O	9/O	10/0	9/O	9/O	10/O	9/O	9/O	9/O	9/O	9/O			

**No. of entries:** \_\_\_\_\_ **@ £5.00 = £** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Club Official**