

Cameron Brodie's Commonwealth Games Blog



Whenever he can, Cameron is sending us brief messages about his experiences at the Commonwealth Games in India.

This document will be updated as and when Cameron is able to send us updates...

Latest update: 1st Oct 2010

See also: [News of Cameron](#) on the Kelly Swimming website

28th September 2010

Only six days until race day now! I'm still in Doha at the moment but will be going out to Delhi on the 30th which is a really, really exciting prospect! The time that we have had in Doha has been vital for my preparation before actually going out to Delhi.

When I left from Glasgow on the 22nd there was all the stuff in the media about whether the Scotland were even going to take part, but I'm glad to say that I have been reassured by the coaches that everything is going to go ahead as planned, which was a big relief!

The hotel that we're staying in is amazing, it's 5-star and when we arrived we had the whole seven storeys to ourselves. However, as the week's gone on, a few other athletes have moved in from England and Wales. Mark Lewis-Francis and Linford Christie are here at the moment, just training, but the whole of the English and Welsh athletics guys are here, too, in preparation for Delhi.

Because I'm on taper now, the work that I'm doing in the pool isn't that much. Because of that, I'm having to do a lot of pre-pool and post-pool work to improve flexibility and range of movement. During the day we're just resting up and getting our bodies in good shape for next week. It's so weird, just chilling around the hotel with some of the biggest swimmers in British Swimming.

So far, the highlights of the camp have been shopping with the other English and Welsh swimmers, getting interviewed by Al-Jazeera and also being asked to swim in the heats of the 4x100m and 4x200m relay teams.

30th September 2010

Flew out to Delhi today! I trained in the morning, which meant I had to get up at 5am to get a swim in before we left for the airport. The Scottish, Welsh and English teams were all flying out on the same chartered flight, which meant that there were only 2 people per aisle, so we had loads of room to stretch out for once! I slept for most of the flight, apart from when I would get woken up by various people coming for a chat en route to the toilet.

We arrived in Delhi and were instantly hit by the security presence in the airport. We headed to the pool on a bus which had one member of the Indian Army; machine gun and all! The bus took about an hour to get there, and the transport looked to be working pretty well; we were using the specially built "games lanes" and also had a police escort, which made things considerably quicker.

En route we passed the bridge that had collapsed and also the Athletics Stadium, which was out of this world! I have never seen anything like it before, just enormous! We arrived in the village and had to go through the airport security scanners before getting in. Once in there I was just hit by the enormity of the whole thing! There was an incredible number of people in there. All shapes and sizes! There were 7-foot-tall girls who were there for netball, and 5-foot-tall lightweight men wrestlers - just totally weird!

After all that, we had a team meeting with the police guy from SO1 then headed out to the Team Scotland tower block. The accommodation was nowhere near as bad as everyone expected! I'm rooming with Michael Jamieson, who I vaguely know from previous camps. The block is set out in 4 apartments per floor with 4 rooms each. Robbie and Jak are together, Andy and Gilly, Dave and Mayor, plus myself and MJ.

The lounge area is pretty nice with a dining table, sofa area with a big TV and there is also a fully kitted out kitchen. The rooms have two beds, bedside cabinets, wardrobes, and a half finished bathroom. The Commy Games duvet is also MINT! Got the session off because I've got to rest up before the competition, but I'm really, really excited to see the competition pool - I can't even imagine what it looks like..!

1st October 2010

Had a pretty chilled start for the day today. It was nice to have the morning off and just let my body recover for once. MJ was training but I didn't even wake up because I was so exhausted. Went for breakfast with Rob, Andy, Jak and Lucy; the Food Court is just so big! So many things to try, there are loads of different kitchens around the room such as; African Flavours, Asian Flavours, Western Flavours. The breakfast section is pretty good, loads of different cereals and yoghurts and stuff.

We went back and chilled at the apartment until training in the afternoon. The guy got lost on the way to the pool; journey took about 1h 10mins, however the bus driver got lost on the way there so we had to double back for a while. Apparently it's meant to take about 25 mins, however it has frequently taken over an hour! The pool was amazing! It holds 7,000 spectators, apparently, and it looks amazing!

The pool itself was freezing, though, 25.7 deg, which is too cold to even hold a competition, so they're trying to raise that, obviously. It really felt good, though - it was the first time I dived in and really felt good. I did one pace 50m at the end of the session and went 29.3 which really felt good. Just got to hope that the pool doesn't warm up too much because I think it's perfect temperature.

The bus back wasn't too busy and was a mixture of Aussies, English and Scottish. This Australian came and sat next to me and introduced himself as Geoff; I was pretty scared at this point because he was built much more like a weightlifter than a swimmer, but the conversation was good and he was saying that this was his 3rd games and he was a 50 and 100 flyer. I then asked him if he had medalled before, and he said that he "Yeah, I've got 5 golds..." i was stunned! I was like, "Who are you?!?!". Then I saw on his accreditation that he was Geoff Huegill and it all kind of made sense. It was just so weird, though, that I'm strutting the same corridors as world record holders!